



# ***SPRING 2025 HOCKEY PROGRAMS***

*Hybrid and Pursuit of Performance have teamed up to offer a dynamic 8 week on and off ice development program for elite level hockey players looking to take their game to the next level!*

**LIMITED SPOTS AVAILABLE**

**MAY 5TH - JUNE 27TH 2025**

**2 IN GYM SESSIONS + 1 ON ICE SESSION PER WEEK**

## **2009/2010 Girls**

- GYM - Mondays & Wednesdays 3:00-4:00 PM
- ICE - Thursdays at 5:00 PM @ Overtime Hockey

## **2009/2010 Boys**

- GYM - Mondays & Wednesdays 4:00-5:00 PM
- ICE - Wednesdays at 6:00 PM or 7:00 PM @ Overtime Hockey

## **2007/2008 Boys**

- GYM - Tuesdays & Thursdays 3:00-4:00 PM
- ICE - Tuesdays at 5:00 PM or 6:00 PM @ Overtime Hockey

## **2011/2012 Boys**

- GYM - Tuesdays & Thursdays 4:00-5:00 PM
- ICE - Tuesdays at 7:00 pm or Thursdays at 6:00 PM @ Overtime Hockey

### **MORE INFO**

 **705-768-3141**

 **holly@hybridfhp.com**

**REGISTER NOW**

